

IMPLEMENTATION OF GUIDANCE AND COUNSELING IN OVERCOME LEARNING DIFFICULTIES IN EARLY CHILDHOOD

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Abstrak

Tujuan penelitian ini adalah untuk mengetahui upaya guru pembimbing dalam mengatasi kesulitan belajar pada anak usia dini. Objek dalam penelitian ini adalah guru pembimbing dari RA An-nur Jakarta. Jumlah partisipan yang terlibat adalah tiga partisipan. Data dan penelitian ini dikumpulkan dengan teknik wawancara, selanjutnya data dianalisis dengan teknik deskriptif kualitatif. Setelah data dikumpulkan dan dianalisis dapat disimpulkan bahwa upaya guru pembimbing dalam mengatasi kesulitan belajar pada anak usia dini di RA An-nur tergolong cukup baik. Hasil penelitian menunjukkan bahwa Metode yang dipakai oleh guru pembimbing di RA An-nur untuk mengatasi kesulitan belajar pada anak usia dini menggunakan metode bimbingan konseling islam yaitu melalui teladan, misalnya memberikan motivasi, mendidik dengan cinta dan penuh kasih sayang. Berdasarkan penelitian diatas, maka penulis menyarankan kepada guru pembimbing untuk meningkatkan kreatifitas dalam upaya belajar mengajar, memiliki kecakapan dalam usaha mendiagnosis anak usia dini yang mengalami kesulitan belajar, dan dalam melaksanakan layanan sebaiknya lebih bekerja sama lagi dengan orang tua.

Kata Kunci: Bimbingan Konseling Islam, Kesulitan Belajar, Pendidikan Anak Usia Dini.

Abstract

The purpose of this study was to determine the efforts of supervising teachers in overcoming learning difficulties in early childhood. The object of this research is the supervising teacher from RA An-nur Jakarta. The number of participants involved was three participants. The data and research were collected by interview technique, then the data were analyzed by qualitative descriptive technique. After the data is collected and analyzed, it can be concluded that the efforts of the supervising teacher in overcoming learning difficulties in early childhood at RA An-nur are quite good. The results showed that the method used by the supervising teacher at RA An-nur to overcome learning difficulties in early childhood used Islamic counseling guidance methods, namely through example, for example providing motivation, educating with love and affection. Based on the research above, the authors suggest to the supervising teacher to increase creativity in teaching and learning efforts, have skills in diagnosing early childhood who have learning difficulties, and in carrying out services they should cooperate more with parents.

Keywords: Islamic Counseling Guidance, Learning Difficulties, Early Childhood Education

INTRODUCTION

Schools have a great responsibility to help students learn, as schools should help them overcome the problems they experience. In these situations, it is very important to have guidance and counseling services in place at the school so that students can deal with the problem.

Tutoring means a process of developing attitudes, study habits, discipline about learning, the ability to master the material, and the process of learning orientation in schools so that students can be helped in the process of teaching and learning activities they want and improve their learning outcomes.¹ Guidance and counseling should be provided at the school to solve the problems students face.² Problems that students often encounter in the field include playing alone when the teacher explains the lesson, refusing to do homework, discussing with friends, getting angry with friends who make mistakes, and not going to school.³ There are things like dirty talk and difficulty to learn. As a counseling teacher, he has to provide counseling services when he finds a student with a learning disability.⁴

Learning disabilities are not necessarily caused by factors of low intelligence (mental illness), but can also be caused by factors other than intelligence.⁵ Children with learning disabilities have irregular mental and physical functions that can interfere with normal learning flow and can lead to delays in certain motor or language skills.⁶ The fact that students constantly experience learning disabilities affects their lack of enthusiasm for learning and ultimately their poor performance. However, this should be resolved as the first step in investigating the causes of learning disabilities and learning problems. It is important to know and identify these early.⁷ So the difference between this study and previous research lies in how important guidance is in overcoming students who have learning difficulties.

The religion-based counseling model used is to invite students to the mosque, become accustomed to doing good things, set an example, make it easier for students to study, and interact with them when they are relaxed.⁸ indicators of learning success can be seen from various types of actions or the formation of student behavior. The types of behavior include: (1) habits, namely the ways of acting that are owned by students and obtained through learning; (2) skills, namely actions or behavior that appear as a result of muscle activity and are moved and coordinated by the nervous system; (3) the accumulation of perceptions, namely various perceptions obtained by students through learning, such as the introduction of symbols, numbers and understanding; (4) association and memorization, namely a set of memories about something as a result of strengthening through associations, either intentional or natural associations or artificial associations; (5) understanding and concepts, namely the types of learning outcomes obtained through rational learning activities; (6) attitudes, namely

¹ Abdul Rozak, Irwan Fathurrochman, and Dina Hajja, 'Analisis Pelaksanaan Bimbingan Belajar Dalam Mengatasi Kesulitan Belajar', *JOEAI: Journal of Education and Instruction*, 1 (2018).

² Saidah, 'Penyelenggaraan Bimbingan Dan Konseling Di Madrasah Ibtidiyah', *Primary Education Journal*, 1 (2017).

³ Astuti, 'Based on the Description above, It Can Be Concluded That Learning Difficulties That Occur in RA An-Nur Include Difficulty in Reading (Dyslexia), Difficulty in Writing (Dysgraphia), and Difficulty in Understanding Numbers (Dyscalculia). The Impact of This ', *Basic Education*, 1 (2016).

⁴ andi faisal, 'Peran Guru Konseling Dalam Mengatasi Kesulitan Belajar Peserta Didik SMK Negeri 1 Kolaka', *Jurnal Teknologi Pendidikan Madrasah*, 4 (2021).

⁵ Pautina and Rizki Amalia, 'Kesulitan Belajar Pada Anak Usia Dini', *SAKINAH*, 3 (2018).

⁶ Isnaini, 'Kesulitan Belajar Pada Anak Usia Dini', *SAKINAH*, 3 (2018).

⁷ Jeslin Jeslin, Sarinah Sarinah, and Achmad Irvan Dwi Putra, 'Prestasi Belajar Ditinjau Dari Kedisiplinan Pada Siswa Perguruan Setia Budi Abadi Perbaungan', *Journal of Education, Humaniora and Social Sciences (JEHSS)*, 2.1 (2019), 24–35.

⁸ Fitriah and siti bahirooh, 'Islamic Counseling: Jurnal Bimbingan Dan Konseling Islam', *Model Bimbingan Konseling Berbasis Religiusitas Dalam Mengatasi Kesulitan Belajar*, 4 (2020).

understanding, feeling, and behavioral tendencies of students towards something; (7) values, namely benchmarks to distinguish between good and bad; and (8) morals and religion, morals are the application of values in relation to the lives of fellow human beings, while religion is the application of transcendental and supernatural values (concept of god and faith).⁹

Problem that occurred in RA An-nur which is located close to my house, I found many students there having problems such as lack of manners, lack of parental attention, laziness to study, etc.

Based on the views on counseling guidance in overcoming learning difficulties, this article is made to find out several things, including to find out how the role of mentors in overcoming learning difficulties in children.

The purpose of this study is to provide information for us as writers and readers about counseling guidance in overcoming learning difficulties. Based on general thoughts about counseling guidance, the authors decided that our article entitled Implementation of Guidance and Concentration in overcoming learning difficulties in early childhood should be the focus of this study.

METHODOLOGY

Before I do my research, I ask permission from the principal that I want to do research at RA An-nur related to the journal I am writing with the title Implementation Of Guidance And Counseling In Overcome Learning Difficulties In Early Childhood. This study uses a descriptive qualitative approach to obtain an overview of the implementation of the guidance and counseling program at RA An-nur. The data sources of this research consist of primary data and secondary data. The primary data sources selected in this study were school principals, supervising teachers, and guardians of students. Sources of secondary data that are used as references by researchers are documents that can complement the results of this study. The data collection instruments used were open interviews, field observations, and documentation. When I was doing research I saw a lot of problems with learning difficulties at RA An-nur, for example, children who have learning difficulties, lack of parental attention, children who like to joke during class hours, lazy to study, children who have congenital defects from birth and many more. With that I conducted an interview with the supervising teacher RA An-nur about how old the children are at the school, what types of learning difficulties occur, what efforts are made to overcome learning difficulties in early childhood, what factors influence learning difficulties. , any impact that occurs when children have learning difficulties.

RESULT AND DISCUSSION

How to Do Guidance Counseling to Overcome Learning Difficulties

Guidance and counseling (BK) consists of the guidance and counseling of the word. Guidance is a translation of the word guidance in the language which means help given to help individuals or groups to achieve a more prosperous life. Guidance as an educational effort means an effort to help students so that they can achieve their level of development optimally and independently.¹⁰ The word counseling comes from the word counseling. That

⁹ Pautina and Amalia.

¹⁰ C. P. Bhakti, 'Bimbingan Dan Konseling Komprehensif: Dari Paradigma Menuju Aksi.', *Jurnal Fokus Konseling*, 1 (2015).

is, individuals are assisted in solving life problems in a way that suits the situation they are facing. Therefore, guidance and counseling are systematic, objectives, logistics, and sustainable endeavors to help students (counselors) grow fully and optimally.¹¹ RA An-nur offers counseling services to overcome learning disabilities through individual and group counseling. Before providing counseling, the class teacher first identifies the difficulties facing the student. Teachers then collect data about students with learning disabilities to analyze why they have problems during the learning process. After learning the cause of a student's learning disability, the teacher immediately decides on the type of learning disability and how to overcome those learning disabilities. The class teacher then discusses with the counseling teacher how to deal with children with learning disabilities.

Types of Learning Difficulties in Children

Difficulties that occur in early childhood at RA An-nur they experience slow speech, so the process of reading (dyslexia), motorik (dyspraxia), learning mathematical concepts (dyscalculia), singing, writing, and lack of comprehension. Learning difficulties are deficiencies that do not appear outwardly. Disabilities in learning cannot be recognized in a different physical form with people who do not experience learning difficulties. This learning difficulty is not always caused by low intelligence factors (mental disorders), but can also be caused by other factors outside of intelligence. Learning disorders can include disability to acquire, retain, or make extensive use of specialized skills or information, results from a lack of attention, memory, or judgment and affects academic performance.¹² A positive attitude towards a subject is a good start for the learning process. On the other hand, a negative attitude towards a subject will have the potential to cause learning difficulties or make learning outcomes less than optimal.¹³

Islamic counseling guidance efforts in overcoming learning difficulties

1. Motivate your child to feel that what they are doing is important. We continue to motivate them so that they can be happy and do good things. Motivation is the urge to move and direct your own actions. Motivation has a desire to rejuvenate and move you. Motivation also has a big impact on learning. As students become more motivated, they learn more and more enthusiastically and focus on the learning process.¹⁴
2. Give an example
The Quranic surat al-Ahzab ayat (21), states that the apostles are examples of Hasana or Muslims. In this case, the teacher will play a leading role and you will need to teach yourself first. Teachers perform in an exemplary way in the following ways: First of all, the discipline at work, that is, all BK teachers have been in school o'clock 07.00-12.30. Teachers must leave early, so student service runs smoothly and

¹¹ N Sari, 'Pola Pelaksanaan Bimbingan Dan Konseling Untuk Mengoptimalkan Kemampuan Anak Autis Di Sekolah Dasar', *Jurnal Bimbingan Dan Konseling Indonesia*, 1 (2016) <<https://doi.org/http://dx.doi.org/10.26737/jbki.v1i2.105>>.

¹² Raharjo Trubus and Latifah Nur, 'Identifikasi Kesulitan Belajar Pada Anak Pendidikan Usia Dini', *Sosbud*, 2011.

¹³ Piuss Cahirati, Alberta Makur, and sebastianus fedi, 'Analisis Kesulitan Belajar Siswa Dalam Pembelajaran Matematika Yang Menggunakan Pendekatan PMRI', *Mosharafa*, 9 (2020).

¹⁴ Asep Nanang and fadlilah aisah, 'Optimalisasi Peran Guru Pendidikan Agama Islam Sebagai Konseling Dalam Mengatasi Masalah Belajar Siswa', *Jurnal Penelitian Pendidikan Islam*, 7 (2019).

automatically. I came home late alone until all the students had finished their way home.¹⁵

3. Another method used by teachers is to interact with students during breaks. We all leave the room to interact with the students and participate in their group discussions. When someone looks depressed and sad, we slowly approach with empathy.¹⁶ The description shows that the teacher wants to know what he really needs so that he can help the student teach the student by mixing with the student. The explanation suggests that BK teachers are trying to play themselves as parents as well as friends. When they are mixed, this is an opportunity to incorporate moral values into students.

Based on the theory listed above, from the results of the research that the author did, there are several points that are appropriate and support the theory, such as how teachers guide young children who have learning difficulties including making students feel comfortable in the learning process, mingling with students during leisure time and moral and religious education. Through the points above, it shows that students experience an increase in learning success which can be seen from various types of actions or the formation of student behavior. So the results of the research conducted by the author are to support the theory.

CONCLUSION

Based on the description above, it can be concluded that learning difficulties that occur in RA An-nur include reading difficulties (dyslexia), writing difficulties (dysgraphia), and difficulty understanding numbers (dyscalculia).

Efforts made by supervising teachers to overcome and help children get out of problems, namely learning difficulties, namely by 1) Motivating the child so that he feels that what he is doing is appreciated, 2) Providing examples 3) Another method used by teachers is to mingle with students during breaks. .

The results of the interviews also showed that the implementation of programmed guidance and counseling at RA An-nur was quite good. This is because the teachers at RA An-nur often attend training to increase knowledge and use love and compassion in the teaching and learning process. As well as providing the best service in Islamic counseling guidance for early childhood.

SUGGESTION

Based on the results of the research and the conclusions that have been described above, the researcher would like to provide some suggestions that can be used as consideration for interested parties, especially those related to learning difficulties in children aged 5-6 years. The suggestions are:

¹⁵ Salsa. MahasiswaUINJakarta. WawancaraDenganNursuci. 10 Oktober 2021. RA An-Nur.

¹⁶ Salsa. MahasiswaUINJakarta. WawancaraDenganTutiAmelia. 10 Oktober 2021. RA An-Nur.

1. The teacher supervises more attention to children who have difficulty reading, writing, counting, through special guidance and training in a pleasant learning atmosphere in this way it is hoped that children will be able to learn to read, write, and count.
2. The supervising teacher should be more familiar with the child's parents. This can be done when parents take their children to kindergarten or teachers make home visits. Teachers are more creative in conducting communication
3. It is hoped that the Kindergarten will conduct periodic joint evaluations regarding the development of children's abilities, or check how the evaluation program has been carried out by the teacher. The evaluation can be carried out in a period of once a month or can be carried out under certain conditions.
4. Parents of children are expected to pay attention to children's activities at home, pay attention to children's learning activities at home. Guiding children at home in learning provides children with fun learning media, so that children are more active in learning.

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